



REPORT OF

KARNAVATI FITO-FEST



Fueling 2036 Olympic Dreams with
GUJARAT EDUCATION MINISTRY



25th NOV 2024



500
TEACHERS



500
STUDENT



500
POLICE CADETS

Time : 8 Am To 11 Am

Sahibaug Police Stadium

www.aainball.com

The Yoti Foundation, dedicated to creating a healthier India, organized the Karnavati Fitness Festival 2024, a groundbreaking event that showcased the power of sports to promote physical and mental well-being. This festival brought together participants from all 450 Municipal Corporation schools in Ahmedabad (Karnavati), with each school represented by one teacher and one student, alongside 300 police personnel.

Key Highlights of the Event

1. Historic Participation:



For the first time, teachers and students from all Municipal Corporation schools participated in a single competition at one venue. The team from **Gomtipur School emerged** victorious and was awarded the championship trophy.

2. Eminent Guests and Insights:



SAI Director **Aditi Singh** emphasized the potential of such events to nurture grassroots talent and prepare them for the global stage. **Dr. Sujay Mehta, AMC School Board Chairman**, highlighted the importance of imparting diverse skills to primary school children to enhance India's performance in the 2036 Olympics, with Aainball playing a pivotal role. **Dr. Mahaveer Golecha**, a scholar in International Health Policy, stressed the critical role of physical activity in improving public health. **Vaidya Pooja Shah** educated participants on Ayurvedic diets and provided nutritious Thepla snacks, courtesy of Talod brand.

3. Efficient Management:

The event, attended by over 1,200 participants, was managed seamlessly by 50 trained SRPF personnel under the visionary leadership of DIG Vishal Vaghela. Their efforts ensured a smooth and enjoyable experience for all attendees.



4. Vision for the Future:

Admiral S.N. Ghormade, Chairman of the Aainball Federation, announced plans to establish 5,000 Khelshalas (sports centers) and train 5,000 sports mentors nationwide. These initiatives aim to make Aainball accessible to every child, fostering continuous sports activities. Pratap Singh, Founder and CEO of Aainball, reiterated the organization's commitment to making sports an integral part of daily life. He praised the collaboration between the Ahmedabad Police and Education Department for laying the foundation of a strong and developed India.

5. Awards and Recognition:

Winning teams received Ashok Chakra-emblazoned trophies and medals. Colorful Aainball sets were distributed to all participants to encourage continued practice and engagement.



Future Initiatives

To continue the momentum, the following initiatives have been announced:

Establishment of sports centers in government schools to nurture talent at the grassroots level.

Organization of a Mothers' Fitness Festival in February 2025, where parents will join their children in sporting activities.

Conclusion

The Karnavati Fitness Festival 2024 not only celebrated the spirit of sportsmanship but also laid the groundwork for nurturing young talent for India's Olympic aspirations in 2036.

The event underscored the importance of collaboration between various stakeholders, including educational institutions, law enforcement agencies, and the community, in creating a healthier and more active nation.

Acknowledgments: The Yoti Foundation extends heartfelt gratitude to all participants, school authorities, and city residents for their enthusiastic support in making this festival a grand success.

Comprehensive Report on Karnavati Fitness Festival 2024: Promoting Aainball as a Catalyst for National Sports Schemes



Event Overview

The Karnavati Fitness Festival 2024, organized by the Yoti Foundation, was held on November 25, 2024, at Shahibaug Police Stadium, Ahmedabad. This landmark event brought together 450 Municipal Corporation schools, each represented by one teacher and one student, alongside 300 police personnel. The festival showcased the vibrant sport of Aainball, promoting physical fitness, teamwork, and mental well-being. With over 1,200 participants, the event resonated deeply with the vision of a healthier and sports-oriented India. This initiative aligns with the Ministry of Youth Affairs and Sports' objectives through key programs such as KIRTI, ASMITA, and the Fit India Movement, making Aainball a strategic tool to achieve widespread fitness and talent development across India.

1. Alignment with KIRTI (Khelo India Rising Talent Identification)

ProgramThe Khelo India Rising Talent Identification (KIRTI) program aims to assess and nurture young sports talent by involving districts as the core units for evaluation.

The Karnavati Fitness Festival directly contributes to this goal:Talent Identification: Aainball, a dynamic and colorful sport, provides a structured platform to identify and evaluate young talent at the grassroots level. This event engaged students from 450 schools, offering a massive pool of budding talent for future Khelo India initiatives.

Scalable Model: The event demonstrated how Aainball could be integrated into schools across India as a low-cost, high-engagement sport, providing opportunities to achieve KIRTI's target of 20 lakh assessments in FY 2024-25.

District-Level Integration: By treating Ahmedabad as a unit, the festival showcased the potential of organizing district-wide sports events to identify and nurture young athletes, perfectly complementing KIRTI's pyramid structure.

Recommendation:

Aainball should be adopted as a core sport under KIRTI due to its simplicity, mass appeal, and ability to engage students of all skill levels.

2. Supporting ASMITA (Achieving Sports Milestone by Inspiring Women Through Action)

The ASMITA scheme emphasizes empowering women through sports by fostering participation in leagues and competitions. Aainball, as highlighted in the Karnavati Fitness Festival, holds immense potential in this regard:

Inspiring Women and Girls: The event included a significant number of young girls and female teachers, emphasizing gender inclusivity. Aainball's easy-to-learn rules make it ideal for empowering women in schools, colleges, and communities. **Establishing Women's Leagues:**

Aainball can be promoted through the Asmita Women's League, encouraging women and girls to participate actively in sports while fostering teamwork, leadership, and fitness.

Accessible and Affordable: The simplicity and low-cost equipment of Aainball make it accessible to women across rural and urban settings, bridging gaps in sports participation.

Recommendation:

Introduce Aainball leagues exclusively for women under ASMITA and promote it in schools and colleges to inspire the next generation of female athletes.

3. Advancing the Fit India Movement

The Fit India Movement promotes fitness as a lifestyle, emphasizing physical activity, indigenous sports, and accessibility. Aainball aligns perfectly with these objectives:

Promoting Fitness as Fun: Aainball is a highly engaging and colorful sport, combining physical activity with enjoyment, making fitness appealing to children and adults alike.

Encouraging Indigenous Sports: Aainball, as a modern yet uniquely Indian game, can join the ranks of indigenous sports promoted under Fit India.

Accessible for Schools and Villages: The sport's minimal infrastructure requirements make it suitable for implementation in schools, colleges, and rural areas, enabling widespread adoption.

Preventing Lifestyle Diseases: By fostering regular physical activity among children, teachers, and parents, Aainball contr